

Life Map

Our Wing of Change Project honours the holistic methodology found in traditional Aboriginal work. The affects of the issues are identified in all the aspects of individual lives, in all four (4) directions, through all four (4) colours. This map is presented in circles of the four (4) colours.

Red – East – I/Me

Yellow – South – Coworkers

Black – West – Friends and Family

White – North – Community

The Circle participants share their stories as they 'map' the affects of their experiences on the Medicine Wheel Map. As the stories are shared, dots are placed on the map a visual picture begins to emerge.



It is in viewing this picture that trends can begin to be identified then named. The participants see, hear and feel how issues affect us all and that they usually affect us in similar ways.

This visual information encourages sharing when participants who may be reluctant to share. They often see that what they are feeling and how they are affected is not dissimilar to their coworkers. The Medicine Wheel Map is an additional benefit for workers who struggle with literacy.