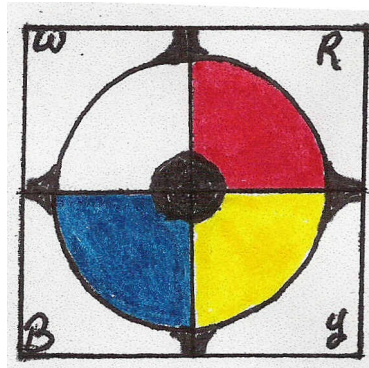
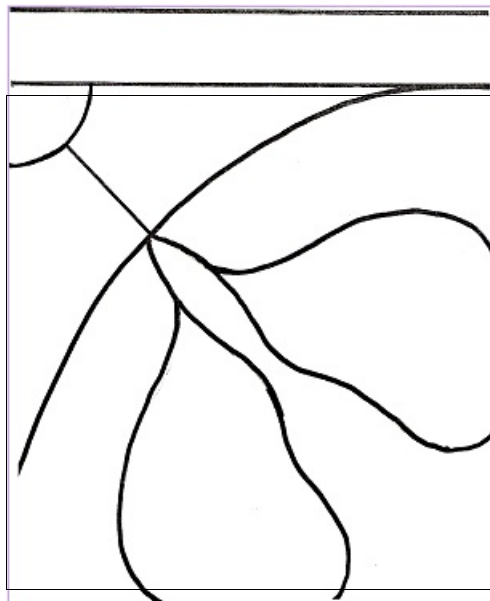


Medicine Wheel Puzzle



The 4 directions are joined by The Great Mystery — the black dot at the centre of the wheel.



¼ section of the Medicine Wheel Puzzle — enlarge to required size
Reproduce 4 sections using white, red, yellow and blue poster paper

Medicine Wheel Puzzles are
also available on loan from the
Occupational Health Centre
(204-949-0811

(Over)

Medicine Wheel Puzzle



For use in Groups of four (4) or more.

- Divide the group into four (4). Give each group a section of the puzzle; red, yellow, blue, white.
- Have each group assemble their portion of the puzzle.
- Each section is missing a small quarter ($\frac{1}{4}$) section of a circle in one corner.
- The four (4) sections are then brought together and joined by the black circle in the centre, the Great Mystery.

The four (4) sections of the puzzle represent:

- The four (4) nations of Human Beings; Red, Yellow, Black and White.
- The 4 directions; East, South, West and North.
- The 4 ages; Child, Youth, Adult and Elder.
- Physical, Emotional, Spiritual and Mental.

The puzzle expresses that we can and do work together within our immediate circle of contact. To achieve healing, growth, responsibility and a safe and respectful environment in which to work and live, we must work and walk together. We must extend our efforts to other communities / groups / organizations / neighbourhoods to work together. Everyone needs to contribute to make a safe and respectful environment in which to work and live.