



The Eagle - Love

Ningwanuk Meshquajese — Wings of Change Aboriginal Workers Education & Outreach Project

Section 2: Healing for Change

Option 1: 1 day session

Invite Marjorie Beaucage to facilitate the Indian Act Medicine Wheel Knowledge Circle experience **or** the Sharing Circle Guide may choose to be the facilitator if experienced with this method.

Aboriginal workers will often quit their job or quietly accept unfair treatment or unsafe working conditions. For some, this reluctance to become involved stems from the generational effects of colonization. The *Wings of Change* project believes that unresolved generational grief (blood memory) needs to be named thus enabling the healing journey to begin so that workers will eventually become more willing to engage in their workplace health and safety issues.

Smudge and Prayer

Introduce teachings about the Smudge and the ways of the Sharing Circle and the passing of the feather.

Check-in

Ask participants to share their name, why they chose to come to the Circle, and describe their involvement with their workplace health and safety issues.

Indian Act Continues to Affect Aboriginal Workers

Engage participants in ***Indian Act Medicine Wheel Knowledge Circle***. Marjorie Beaucage describes the purpose of this learning in the following way:

This is a creative organic process designed to explore our relations regarding the Indian Act and other federal government policies that served as the legal framework for Canada - Aboriginal relations.

The Medicine Wheel ... a reflection

Entering the Sacred Circle of this Medicine Wheel means entering into another world-view. An Aboriginal world-view based on a Relationship with the Land.

Understanding history and recognizing the impact of the Indian Act on Aboriginal Peoples will help us create a new reality in this moment.

Indian Act Medicine Wheel Knowledge Circle learning tool or email version available upon request from OHC



Equate 7 Sacred Teachings & 3 Workers' Rights

Give history about the *Ningwanuk Meshquajese — Wings of Change project* and why the Advisory group decided : 7 Teachings + 3 worker's rights = Path to Workplace Health and Safety.

Wings of Change fact sheet

Evaluation

Distribute evaluation forms.

Inform participants that their anonymous responses will be used solely to improve future sessions.

Check-Out

Ask participants: Was there anything useful during this Circle and if so, how could it be incorporated into your workplace?

Evaluation Form

Closing Reflection/Prayer

Invite participants to lead the closing prayer. Be prepared to say the prayer if no one volunteers.